

Human Design Stories for

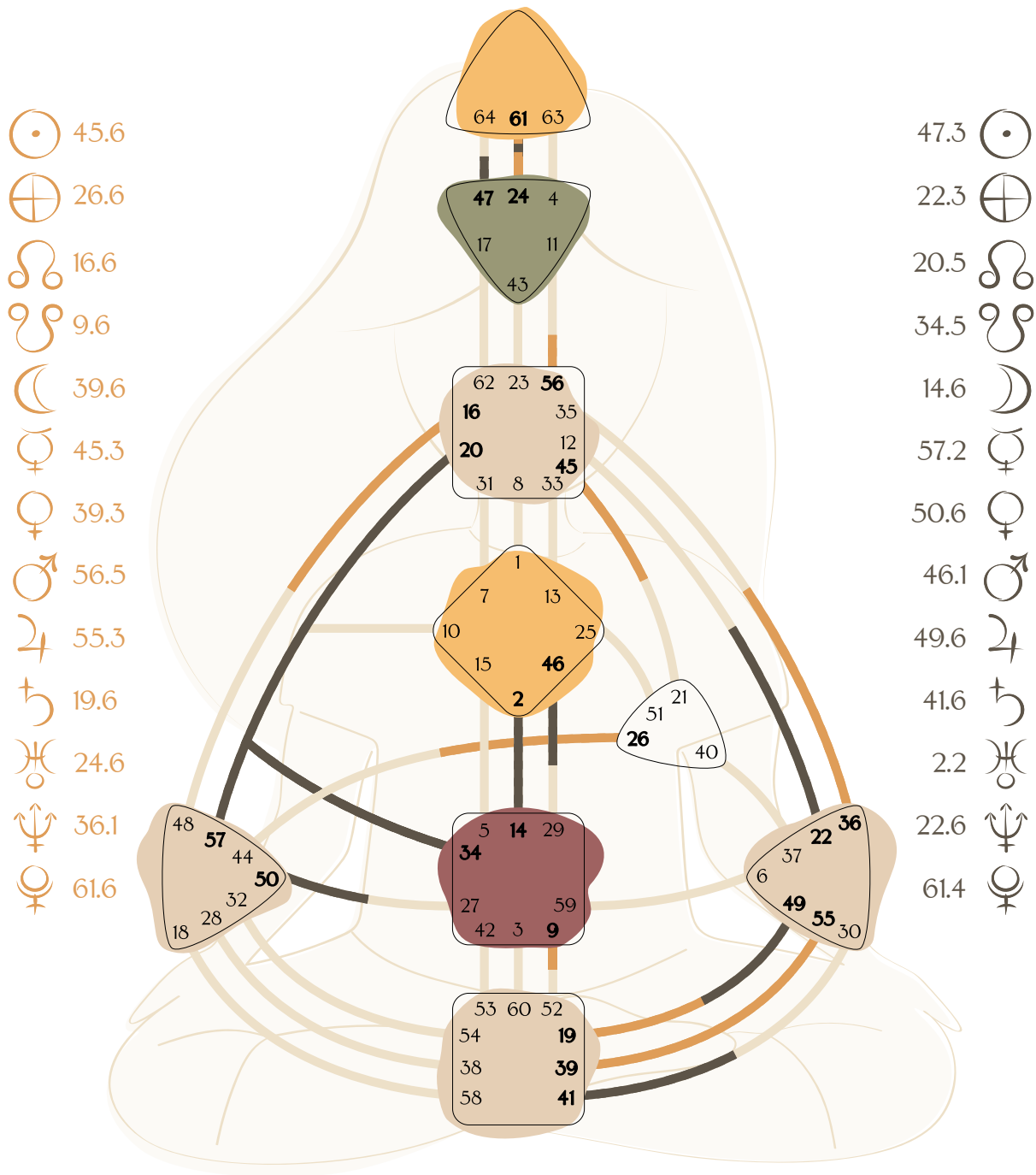
Olivia



Gifts from the
Universe



Human Design Chart



Olivia

12th September 2021 @ 10:00

The Beginning of Something Magical

You were born on a magical night, and your parents loved you with all their hearts from the very first moment. The universe wanted to show you its great love too.

Even when you were still tiny, sleeping in your mama's tummy, the sun, the moon, and their planet friends came to visit you for the first time. They gave you beautiful, sparkling stardust. On the night you were born, they came back a second time and brought even more magical dust with them.

This special stardust awakened all your unique talents, so you could live a life full of adventure and happiness.



Every new person who comes to Earth receives gifts from the universe. And of course, *you* received them too—no matter what your Human Design chart looks like. It's perfect for you. Just as perfect as YOU are. Always remember that. Nobody is quite like you, because you are one of a kind.

So live your life. Be who you are, and follow your heart. Do what brings you joy. You're here to be happy, and everything you need for that is already inside you. All the gifts you received will help guide you on your life's journey.

Do you already know which gifts you received? Let me tell you some stories. Maybe you'll recognize yourself in one of these children.



Olivia & Max

Manifesting Generator

Max and Olivia are interested in all sorts of different things and love trying out new toys or hobbies. It's like they're in turbo mode, they jump from one thing to the next or start several projects at the same time.

Olivia takes three different toys outside with her today: her maracas, her hula hoop, and her jump rope. Max is already there and greets her friendly: "Hi Olivia. Are you going to make some music for us today?" he asks. "Mmhmm," she answers. "Let's see if I can play my maracas and hula hoop dance at the same time."

She manages it right away. "Yay!" Olivia cheers. "This is fun." "Awesome!" Max celebrates with her. "Can you also jump rope on top of that?" he asks jokingly. "Uh-uh," Olivia says, shaking her head. "Two things at once is enough for me right now. When I don't feel like doing this anymore, I'll play with the rope," she explains to Max.



While Olivia plays with her maracas and hula hoop, Max has also decided on three things today. He brought his soccer ball, basketball, and hockey stick. First he plays some soccer with his friends. He's very talented and fast. That's why he scores a goal in no time and everyone cheers.

When he sees that the basketball court is free, he decides to play there. He grabs the ball and rushes off. "Hey, don't you want to finish our soccer game?" asks one of his teammates. "Mm-mm," Max says no. "I'd rather play basketball now. Maybe I'll play again later," he adds. Soon some kids come over to join Max. The fun dribbling begins and the players run around wildly. Max makes basket after basket and has a great time.

Max is like Olivia, an absolute multi-talent. He loves playing different sports. That's why he also plays some hockey when the basketball game is over. That's how Max and Olivia spend a varied day at the playground.



Tyler & Olivia

Line 3 - Adventurers

The lives of Tyler and Olivia are one big adventure. They experiment tirelessly, trying all sorts of new things. In the process, they gain countless experiences and find out whether something is true. Their greatest gift lies in discovering what doesn't work, so they keep learning and share their discoveries.

"Don't touch the candle!" Tyler's mom warns him. "It's hot." But Tyler just waits until she looks away, and before she knows it, his finger is in the flame. Tyler immediately pulls it back. Oops, that hurts, and he looks at his mom cautiously. Luckily, she doesn't notice a thing. He wonders whether it will be just as hot next time. He tries again. "Ouch," he exclaims. Now his mom notices. She knows that Tyler only learns through experience, so instead of scolding him, she fetches some ointment for his finger.





Tyler is a real comeback kid. He always bounces back and takes on his next adventure. He is the one who bravely keeps going when everyone else stops.

Right now, Tyler sits in an apple tree. His grandma told him not to climb it because the apples hang too high for anyone to reach. But Tyler tries anyway, moving from one branch to the next until he finds a way to the fruit. A few scratches on his arm do not bother him, because the juicy apple tastes too good for that.

Tyler's friend Olivia also loves experimenting. That is why her parents set up a small laboratory at home, always making sure it is safe but still giving her plenty of opportunities to test her ideas. She wants to become an inventor. Today she is mixing a yellow liquid with a red one because her mom said those two colors make blue. After several attempts she discovers that red and yellow make orange. She shares her discovery with her mom, and together they learn something new.

Olivia & Simon

Line 6 – Visionaries

Simon is wearing his alien costume today because sometimes he feels like he is from another world. He calls out to Olivia, who sits on a cloud, smiling. "Do you have a good view from up there?" he asks. "Yes, I can see everything clearly," she replies. He grins and winks at her. "Is today one of your alien days again?" "You guessed it," Simon laughs. "Maybe a spaceship will arrive today and take me to my real home planet."

Simon has grand visions of a peaceful world where all beings live in harmony. He imagines how wonderful life would be on his fantasy planet. His special ideas inspire other children and show them how bright the future could become.





Olivia is a little dreamer. Even as a child she imagines how vibrant the world can be. She makes a tiny garden in the sandbox but the seeds do not sprout at first. Next time she adjusts the soil and soon a little flower begins to grow. Curious by nature, she keeps trying new methods until she discovers the best way for everything to thrive.

One day Olivia climbs onto a soft cloud. From up there she looks down and watches children laughing and adults talking or arguing. She takes her time and turns all her impressions and experiences into wisdom.

After many years she climbs down from the cloud. Now she knows exactly how to design a garden so the flowers always flourish. She also understands how to speak calmly when someone is angry. Today she loves to help anyone who has questions. She shows how to water a flower properly and explains how to mend fences after a disagreement.

Olivia's long journey of learning has truly paid off because now she can share her wisdom and serve as a guiding example to others.

Olivia & Henry

Head – Inspiration Center

Olivia loves asking questions. She wants to know everything and discover new things. Sometimes she becomes a little philosopher and explores profound topics or poses unusual questions like "Why don't we have sheep in the yard so we would never have to mow the lawn" or "Why do we sleep at night instead of during the day." Until she finds an answer, these questions whirl around in her mind. There is always a lot happening in her head even if it does not look that way from the outside. Olivia is always thinking and she enjoys waiting for the right solution.

Olivia is also incredibly creative. She has been blessed with a constant stream of brilliant ideas as if there was an invisible antenna in her mind picking up interesting thoughts. She does not keep them to herself. She shares them with her friends and everyone around her. Her presence alone is enough to spark creativity in children nearby who then feel inspired to paint pictures, write stories, craft projects or create other works of art with ease.

Henry's mind is more like a sponge that soaks up Olivia's questions and ideas as well as whatever else catches his attention. He is curious about many subjects and open to fresh thoughts. To avoid overload he regularly clears his mind, deciding what matters and letting the rest drift away like clouds. Henry can even reach a state of complete mental stillness and enjoy a wonderful sense of calm in his head. After experiencing that peace he welcomes inspiration from other people, places or books again.

When Henry wants to paint but is not sure what subject to choose, he simply turns to Olivia and asks "Do you have any ideas for what I could paint?" Since Olivia is painting too she invites him to join her and assures him that something beautiful will come to him soon. True enough his mind soon overflows with possibilities such as a family of dinosaurs, a dog, fish swimming in a pond or something else entirely. He decides on a house with a garden bathed in sunshine because he loves to play outside on warm days. That is the perfect subject and he eagerly brings it to life on paper. Inspiration has clearly kissed his imagination. As he paints he concentrates so much that his tongue peeks out now and then. When he finishes his picture Henry studies it carefully and nods in satisfaction since he has created a true masterpiece. At home he will hang this beautiful painting in his room right opposite his bed so that friends and family can admire it again and again.



Olivia & Arthur

Ajna - Mind Center

Olivia loves researching information and gathering facts. Her mind works like a small computer that stores everything neatly and systematically. Once something is filed away, Olivia rarely changes her opinion. That means she remains true to herself and is less influenced by others.

Recalling what she knows comes easily to Olivia. She can answer every question her teacher asks because she knows exactly where to find the answer in her mind. She also enjoys helping her friend Arthur. "Could you help me understand this?" he asks her. "Of course I'd be happy to," she replies. She genuinely takes pleasure in explaining things to him.





Arthur's mind works in a different way. He soaks up information like a sponge and quickly grasps new concepts.

"Wow, you really know a lot," Olivia says with admiration. "I know," Arthur smiles. "Sometimes I have no idea where it all comes from. It is just there." In his vast storehouse of knowledge everything is kept, even if it is not always perfectly organised. When he is asked the right question his storehouse opens and the appropriate answer appears. That is why he is occasionally surprised when he finds himself saying something so clever. If he does not have an answer immediately he remains calm. It simply means it is not important to him at that moment. He trusts that everything he needs to know is already inside him and will emerge at exactly the right time.

What wonderful gifts the universe has given Olivia and Arthur. They each process knowledge so differently and yet their minds work perfectly for who they are.

Olivia & Theo

Throat – Center of Expression

One of the gifts the universe has given Olivia is her talent for expression. Her voice is always full of energy and she can share her thoughts with the world at any moment. She knows exactly how to inspire people with her words and actions. At the same time she has a knack for helping Theo find his own voice. Whenever he is unsure what to say or do she stands right beside him and offers her support.

Every morning her voice feels fresh and ready to go. She could give a speech whenever she wanted. Her teddy bears are attentive listeners and so are her friends, especially Theo, who makes a truly wonderful audience.

Theo does not always feel the need to speak. But when someone addresses him he always has something thoughtful to share. He has a gift for knowing the right thing to say at just the right moment. In any group he becomes the person everyone turns to for a response.





He can also slip effortlessly into different ways of speaking so that people immediately understand him. After spending a week away he returns to preschool. Olivia, eager for details, says "Tell me all about your holiday." Theo grins and replies in a thick Scottish accent, "Och, it wis pure dead brilliant, so it wis! Loads ae bonnie folk an' the scran wis absolutely magic, ken!" Olivia laughs and asks "What did you say?" He explains "That's how people speak in the Highlands. It was wonderful, so many kind people and delicious food. D'ye get it noo?" She nods and smiles "Yes I do. It sounds so musical! How did you pick up Highland speech in just a few days?" Theo shrugs "Beats me. It just comes naturally to me."

Then Olivia asks "Do you have a cousin who lives in Jamaica? Can you speak like her too?" Without skipping a beat Theo switches to Jamaican Patois, "Mi well happy fi have a bredrin like yuh, seen? Yuh a real good friend, star!" Olivia giggles and replies "I think I understood that! I'm so happy to have a friend like you too."

Gavin & Olivia

G – Identity Center

"Hey, I think I've seen you here before. Are you going to be coming here more often now?" Olivia asks. "Yes. I chose this preschool. I've been here a few times with my mum, and I really feel at home," Gavin replies. "You got to choose your preschool?" Olivia says, surprised. "Yes. I can tell right away if a place feels right to me, even if something's not quite right. At a restaurant I even get to pick my seat first," Gavin explains. Olivia nods in understanding. She knows Gavin needs to feel comfortable in his surroundings. "I'm so glad you're here. If you'd like, I can show you around. I know this place like the back of my hand," she offers. How kind, Gavin thinks. She really knows her way around. Now he knows who he can turn to for guidance.



Olivia already has a clear vision for her future career. She wants to become a veterinarian. "How do you know what you want to do when you grow up?" Gavin asks. "Hm," Olivia says thoughtfully. "I have an inner compass that guides me to the right places at the right times. It lets me follow my own path with confidence. And my path is to become a veterinarian. I'm certain of it. What about you?" "I tend to change my mind a lot," Gavin admits. "Just a few days ago I wanted to be a photographer like my mum. Now that I'm here at preschool I think being a nursery teacher sounds lovely. We'll see. Maybe I'll try a few different jobs before I decide." "That sounds great," Olivia says. "By the way every Wednesday my mum and I go to the animal shelter and walk the dogs. If you'd like you can join us and see how it works." "Oh yes," Gavin exclaims. "Walking a dog could be a wonderful hobby for me too. You really seem to have found exactly the right fit," he adds and Olivia senses that immediately. Because Olivia took to Gavin straight away she invites him to her birthday party. "Gavin I'm having my birthday party next week. Would you like to come? It's a costume party. I love dressing up and playing different roles." "Thanks for inviting me. I'd love to come. I'll wear my pirate costume. It's always the same pirate," Gavin replies. "I'm really looking forward to it," Olivia says with a smile. "I haven't decided what I'll wear yet. Maybe a dinosaur or a witch. I have a big box of costumes at home to choose from. At my party you'll meet my other friends: Max and Lisa from music class, Ben and Emma from football, my neighbour Tom and plenty of others."

Olivia & Hudson

Heart – Center for Willpower

"Olivia, aren't you going to get ready?" Hudson asks. He has already taken his place on the starting line and is waiting for the signal to run. He is highly driven and loves winning races. "I'm not so keen on being first," Olivia explains. "I'd rather watch the butterfly. Look at it. Isn't it beautiful?" But Hudson has no interest in that right now. He has his eyes on the prize and won't let anything pull his focus.

Hudson has been blessed with the gift of willpower. Once he sets a goal, he sees it through. And because he is smart about it, he doesn't waste his energy on just anything. He always asks himself, What's in it for me? Hudson needs to know why he is doing something and whether it's worth his time.





Even when he plays Hudson prefers games where he can trade goods or hand out money, such as running a pretend shop or playing Monopoly. Otherwise he only joins in if the odds are good that he'll win or there's a prize to be had.

Olivia, by contrast, couldn't care less about coming out on top. She plays simply for the joy of it. When she wants to she lets Hudson's determination rub off on her and feels an extra surge of willpower too. She understands that strength comes and goes. That is why she never makes big promises—she knows she may not have the energy to finish whatever she starts.

Olivia's gift from the universe is the ability to receive. She moves through life relaxed and open, and things often fall into place on their own.

She also has a talent for recognizing how valuable Hudson's efforts are. She appreciates that he keeps his word and can be relied on. With his healthy sense of determination he always looks out for his friends and family. At the flea market he makes sure Olivia doesn't overpay for a second hand toy and that she doesn't sell her things too cheaply. The two of them really make a fantastic team.

Spencer & Olivia

Solar Plexus – Center for Emotion

"Want to play together?" Spencer asks his sister Olivia. "Not right now. I'm in a bad mood and I don't want to bring you down," she replies. Spencer already noticed, because he can sense exactly what Olivia is feeling. That is one of his amazing gifts from the universe. He doesn't even ask why she's grumpy, because he knows there isn't always a reason. It just happens and it will pass. All he can do is wait.

Olivia's emotions shift constantly. She might wake up feeling off and later be in high spirits. Sometimes she gets up and everything seems annoying. The sun is too bright, her favourite breakfast tastes wrong and the birds are way too loud. No matter what anyone tries to cheer her up, it won't work. In such moments, her parents let her be.

On other days she springs out of bed full of joy as if she could hug the whole world. Rain doesn't bother her when she's eager to try on her new wellies. And if Spencer eats the last apple she wanted, she doesn't mind at all. Olivia is simply happy.

Spencer loves seeing his sister in such a good mood. He picks up her emotions easily and often feels even happier than Olivia herself. He knows they aren't his own feelings. When he's alone, he's always the same. Once Olivia is around, his emotions can flip in an instant. If she's sad, he feels sadness too. If Olivia is happy, so is Spencer. He experiences every emotion vividly in every shade. That's why he chooses which feelings to embrace and which to let go. When it becomes too much, he gives her a bit of space.



"I feel like I could move mountains right now," Olivia says. Her ever changing moods always give her an extra burst of energy. "I think I'll tidy my room so I have space to set up my train tracks." No sooner said than done. She rushes around like a whirlwind, placing her soft toys on the bed, putting her Lego into a box and tossing her dirty socks in the laundry basket.

Spencer peeks into her room and beams, "It looks so tidy in here. Will you sort out my room too?" "Ha ha," Olivia laughs. "You'll have to tidy your own room." Spencer smiles. "Alright, it was worth a try."

"Shall we play now?" Olivia invites him. "I want to lay tracks for my train all around my room." "That sounds like fun. I'd love to help," Spencer replies.

Olivia & Silas

Sacral - Center for Life force

Olivia and Silas are at the playground. "Do you want to jump on the trampoline together?" Silas asks. "Oh yes," Olivia replies. With a big leap she claims the trampoline. "Hey," Silas smiles. "I need some space too." "Then come on up I'll help you," Olivia offers. Eagerly they bounce around. "Higher," Olivia calls excitedly. "Even higher," Silas joins in. They are having so much fun. When something brings Olivia such joy she could keep doing it all day. With her endless energy she truly is a bundle of vitality. This is one of her wonderful gifts from the universe. Silas experiments with new techniques to jump even higher. And he succeeds. "How do you do that?" Olivia asks in awe. "Watch me I'll show you," Silas replies. "If you bend your knees deeply on landing you can spring even further."



Olivia tries it at once. "Yay," she exclaims. "It works." She loves asking her brother for advice because he often knows how to make something easier or better.

After a while Silas has had enough. He leaves the trampoline to his sister, who keeps bouncing with full enthusiasm. He lies down in the grass for a break, watching Olivia. His heart warms seeing how much fun she's having.

Silas and Olivia have had a great day at the playground. Silas takes frequent rests while Olivia really lets loose. Now it's time to head home.

"I can't go on," Silas sighs. The long walk home has worn him out. "Shall I give you a piggyback ride for a bit?" Olivia offers. She still has energy for two. "Oh yes," Silas perks up. "I know a shortcut that will get us home faster." "Perfect that's what we'll do," Olivia agrees. Soon they arrive home. Their mother is waiting with dinner: pasta with tomato sauce. What could be nicer than ending a fantastic day with your favourite meal?



Olivia & Sebastian

Spleen - Center for Intuition

Olivia has invited Sebastian over. He passed her sniff test and can now be her friend. Olivia has a keen nose for what or who suits her. She keeps her distance from people whose scent she dislikes.

Sebastian is delighted. He loves being close to Olivia because with her he feels safe and secure. That is why he becomes a little cuddle bug around her. As long as she can play with her building blocks at the same time, Olivia doesn't mind.



"Dinner's ready," Olivia's dad calls from the kitchen. They all sit down at the table. Olivia's mum and her grandfather Stuart are already there. They're curious to see what's on the menu. Olivia's dad sets a pot of soup on the table and starts ladling it into bowls. "I'm not eating that," Olivia says immediately, pulling her bowl away. "But you always like potato soup," her mum wonders. "I do, but something is off about this soup today," Olivia replies. Sebastian trusts her and declines too. "Alright," Olivia's dad says. "Then we'll have dessert right away. There's apple pie." Olivia nods in agreement and everyone enjoys the pie.

"Olivia," Sebastian whispers in her ear, "could we make some tea for Grandpa Stuart? I feel like he might be catching a cold." "Really?" Olivia whispers back. "He looks perfectly fine." Sebastian replies, "I just sense that he needs it. A cup of tea would help right now." "Is something wrong?" Olivia's mum asks. Olivia says, "No. We'd like to make tea for Grandpa Stuart. Sebastian senses it will do him good." "Let's do that together," her mum smiles. "I already offered him tea but that stubborn old man wouldn't listen to me." Grandpa Stuart laughs. "Yes, yes. I know. You're usually right. I'll happily drink tea if it keeps me healthy."

Haven't Sebastian and Olivia received such wonderful gifts from the universe? Olivia knows instinctively what does her good and acts on it. Sebastian can tell in an instant whether someone is getting ill or feeling well.



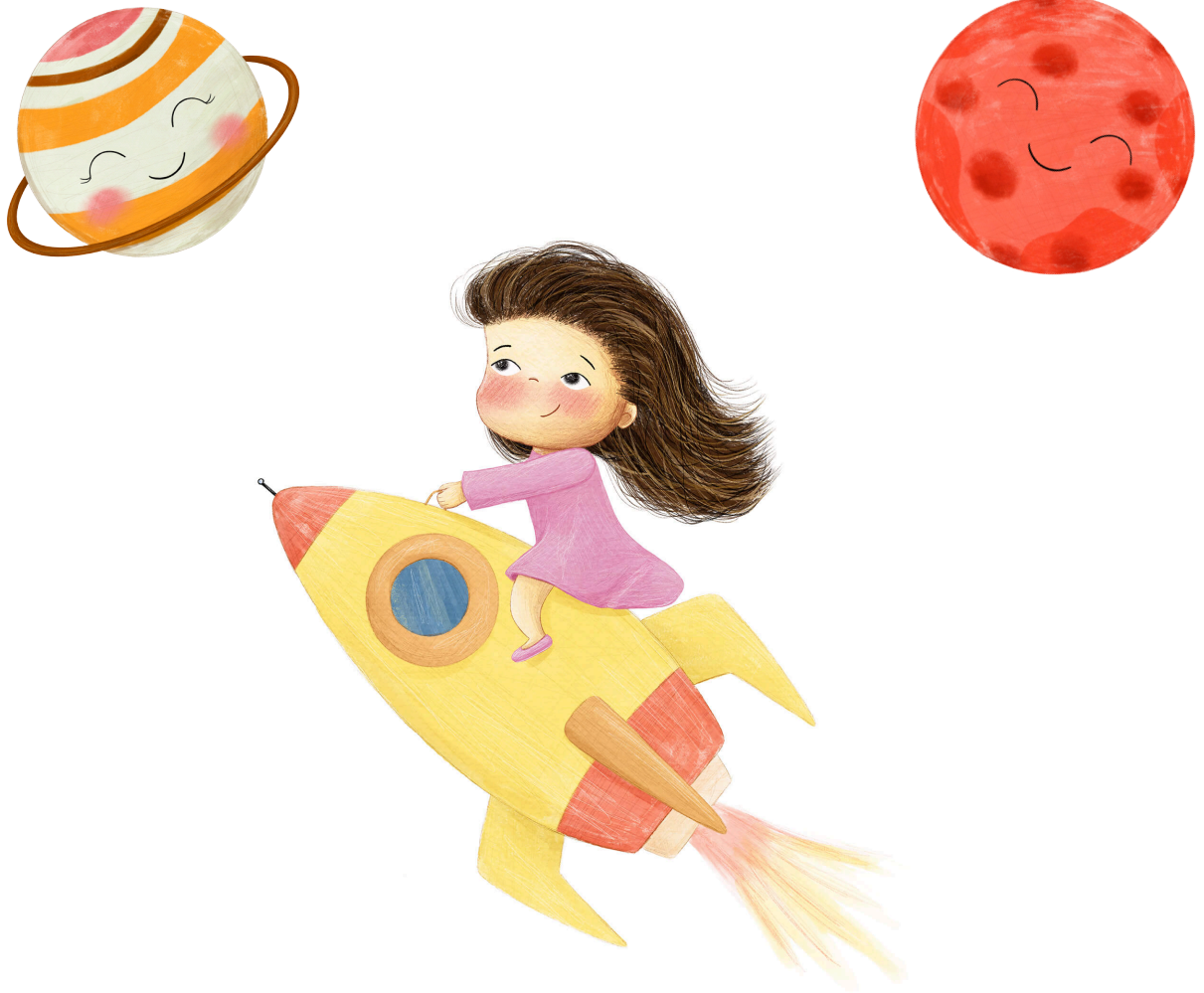
Olivia & Ryan

Root – Center for Drive

"Hey Ryan, want to go flying in my rocket?" Olivia asks. "No thanks," Ryan replies. "It's been so hectic at home today. I just want to relax on the grass and watch you." "What happened back at your place?" Olivia asks. "My mum had us cleaning the whole flat, and I had to tidy my room," Ryan explains. "Yeah, I've got to sort my room today too. But there's plenty of time for that. I'd rather fly around now," Olivia says. She's pretty relaxed and doesn't get upset easily. That's one reason Ryan enjoys spending time with her.

When Ryan is on his own, he stays calm and tackles his tasks at a leisurely pace. When Olivia is nearby, he picks up on her drive and can borrow some of that energy if he wants. Today he'd rather stay on the grass.





Mornings are usually chaotic at Ryan's house. That's why he gets up a bit earlier than his brothers and sisters. He lays out his clothes the night before so he doesn't have to think about it in the morning. This gives him plenty of time to enjoy breakfast and brush his teeth in peace.

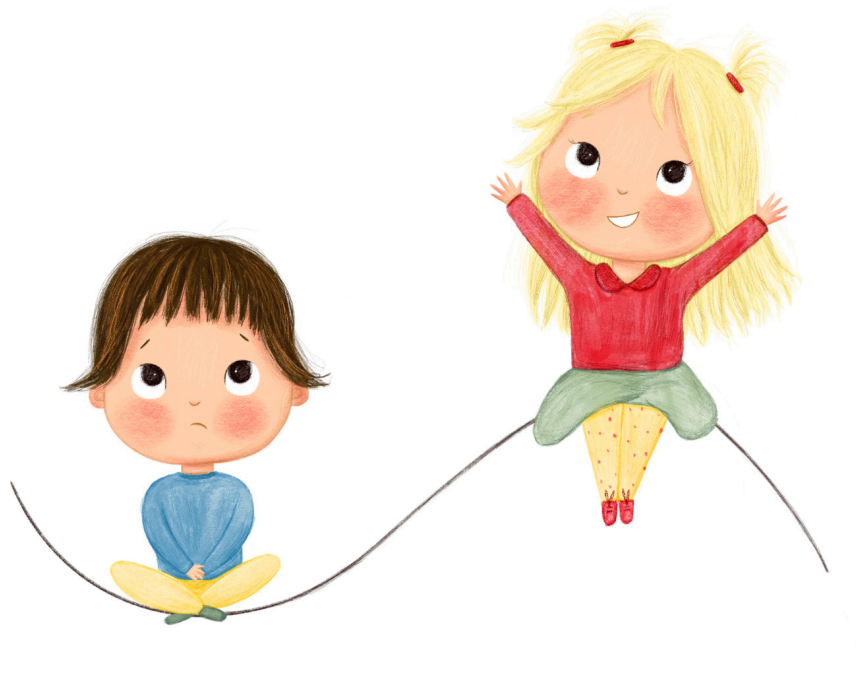
Olivia's mornings can be hectic too. She doesn't mind. Sometimes she only gets dressed after her mum calls that they need to leave in five minutes. Then she suddenly springs into action, finishes in no time and is sitting in the car right on time. Sometimes Olivia feels like she has ants in her pants. To burn off that extra energy, she'll do some exercise. She runs a few laps around the house and then settles down.

Ethan & Olivia

Emotional Authority

"Would you like to come to my birthday party next Sunday?" Olivia asks Ethan. "Ask me again later," he mumbles. He doesn't feel like doing anything right now. "Okay," Olivia replies cheerfully. She's in a great mood. She would invite every child she knows if she could. Her mum told her she could pick five friends. That was a tough decision because she wanted someone different each day. After a week she finally knew exactly who she wanted by her side on her special day. All that remained was Ethan's answer. The other four had already said yes.

The next morning Olivia tried again. "Hi Ethan, would you like to come to my party next Sunday?" He'd had a night to think it over. "Yes, Olivia. What would you like as a gift?" Ethan asks. "Umm," Olivia hesitates. "Maybe some new colouring pencils, or a book, or a ball?" she suggests. "You know what? Ask me one more time tomorrow!" she laughs. He nods and beams, happy to celebrate Olivia's birthday with her.



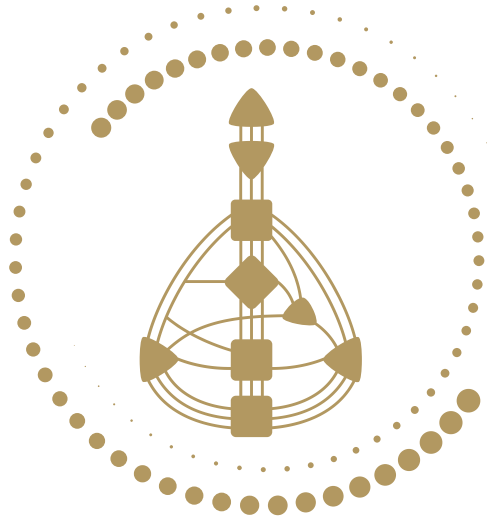
End

You've heard many little stories. Perhaps
you've discovered a gift or two that the
universe has given you.

I hope this book has brought you much joy.

Never forget that you are infinitely loved.
Every gentle breeze carries that reminder. It
is a loving embrace from the universe.





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Idea and Author: Sylvana Henze

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